Margot Lindemeyer Roesberg was born on January 15, 1923 in Cologne, Germany. She lived with her parents, Max and Erna Lindemeyer. Margot had a large extended family, including her two grandmothers, Adelheit and Betty, her aunts Martha, Elsa, Greta, Paula, and Elizabeth and her uncles Ludwig, Gustaf and Hugo.

Margot and her family were subjected to all of the anti-Jewish laws and policies put into force by the Nazi regime. Although the government ordered the Nazification of all of Germany's schools in 1934, it was not until April 1938 that Margot was forced out of the gymnasium she attended. She immediately enrolled in a Jewish school in order to finish her education.

On November 9, 1938, the evening of Kristallnacht, Margot and her family were warned by friends not to stay in their apartment. They hid in the attic of their apartment while the pogrom took place. After Kristallnacht, Margot's father accepted the offer of a friend in England to find employment for Margot. On August 22, 1939, Margot left Germany for England where she worked at a factory and tried unsuccessfully to get American immigration visas for her parents.

Margot's parents were deported in 1941 to the ghetto in Lodz, Poland and died there. Most of her extended family were deported to Auschwitz/Birkenau and killed. Her uncle Gustaf died before the war and her aunt Elizabeth escaped Germany and settled in Israel, then Palestine. One of Margot's cousins, who was married to a non-Jew, survived in Germany.

After World War II ended, in 1946, Margot moved to New York City. She settled in Suffield, Connecticut in 1964 after she married Hermann Roesberg.